



The New Force Behind STRENGTH SYSTEMS USA

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September 24, 1998

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SEP 30 1998

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington DC 20204

Re: Notification of DSHEA nutritional support claim for AmeriFIT Performance Complex Dietary Supplement

Dear Sir or Madam:

The purpose of this letter is to provide notification pursuant to section 403 (r)(6) of the Federal Food, Drug, and Cosmetic Act ("the Act") and 7 C.F.R. § 101.93 that AmeriFIT, Inc., is marketing a dietary supplement that bears a statement of nutritional support as defined in section 403 (r)(6) of the Act.

The label for AmeriFIT's Performance Complex bears the following statement(s):

"This product was designed to enhance nitrogen metabolism before, during and following strenuous muscular work."

"Anabolic/Anti-Catabolic Formula"

AmeriFIT, Inc. has on file substantiation that the above statements are truthful and not misleading. To the best of my knowledge, the information contained in this notice is complete and accurate.

Sincerely,

Craig Larsen  
Director of Product Development and Quality Assurance

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Bloomfield, CT 06002  
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